

**Hornell City School District**  
**BMI "Opt Out"**

As part of a required school health examination, a student is weighted and his/her height is measured. These numbers are used to figure out the student's body mass index or "BMI". Recent changes to the New York State Education Law require that BMI and weight status group be included as part of the student's school health examination. A sample of school districts will be selected to take part in a survey by the New York State Department of Health. If our school is selected to be part of the survey we will be reporting to New York State department of health information about our student' weight status groups. Only summary information is sent. No names and no information about individual students are sent. However, you may choose to have your child's information excluded from this sureey report.

The information sent to the New York State Department of Health will help health officials develop programs that make it easier or children to be healthier.

If you do not wish to have your child's weight status group information include as part of the Health Department's survey this year, please print and sign you name below and return this form to the school nurse by November1st.

Please do not include my child's weight status information n the School survey.

\_\_\_\_\_  
Print Child's Name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Parent/Guardian's Name

\_\_\_\_\_  
Parent/Guardian's Signature