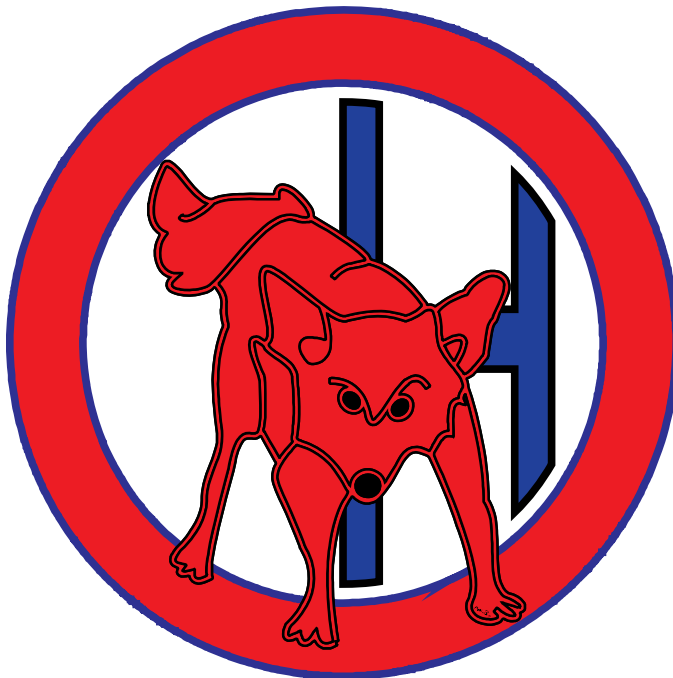


HORNELL CITY SCHOOL DISTRICT



**ATHLETIC & EXTRA-CURRICULAR HANDBOOK
POLICY 5305**

School Activities, The Other Half of Education

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Interscholastic Athletic and Extra-Curricular Activities

The Hornell City School District is proud to offer the following Interscholastic Athletic Activities to resident students who meet all NYSPHSAA standards and are enrolled on a full-time basis in our school district.

Fall		Winter		Spring	
Varsity		Varsity		Varsity	
Boys	Girls	Boys	Girls	Boys	Girls
Cross Country	Cheerleading	Basketball	Basketball	Baseball	Softball
Football	Soccer	Indoor Track	Cheerleading	Golf	Tennis
Soccer	Swimming	Swimming	Indoor Track	Tennis	Track
	Volleyball	Wrestling		Track	
Junior Varsity		Junior Varsity		Junior Varsity	
Football	Cheerleading	Basketball	Basketball	Baseball	Softball
Soccer	Soccer		Cheerleading	Tennis	Tennis
	Volleyball				
Modified		Modified		Modified	
Cross Country	Soccer	Basketball	Basketball	Baseball	Softball
Football	Volleyball	Indoor Track	Indoor Track	Track	Track
Soccer		Wrestling			

WARNING: Participating in interscholastic athletics does involve some risks. By consenting to participate in school-sponsored athletic activities, a student and his/her parents acknowledge the potential for physical injury to occur.

Extra-Curricular Activities	
<i>(Including class organizations, clubs, musical or dramatic productions, and dances)</i>	
CLUBS	
Adirondack Club	Art Club
Chess Club	Drama Club
French Club	History Club
Library Club	Model Airplane Club
Robotics Club	Ski Club
ACTIVITIES/ORGANIZATIONS	
Academic All Stars	DECA
Kaleidoscope	Maple Leaf Yearbook
National Honor Society	National Jr. Honor Society

“Student-Athlete” or “Athlete” is defined as any student participating in organized athletics and/or extracurricular activities. In this handbook, at times, it may be described as "Athlete."

Philosophy Statement

The Hornell City School District believes that a dynamic program of student activities is vital to the educational development of the student. Athletics function as an integral part of the total curriculum and life at Hornell High School. Athletics serve as a miniature model of life in that they provide opportunities for students with regard to responsibility, fair play, cooperation, concern for others, leadership, respect for authority, good citizenship and loyalty.

At Hornell City School, we believe that the interscholastic athletic program and extra-curricular activities contributes significantly to preparing our students for becoming productive, contributing citizens for our community and society.

Additionally, our aim is to develop a student with an improved self-image, the ability to learn a new skill, and an intrinsic motivation for growth and development. We want to see a student who will demonstrate a willingness to accept responsibility for his/her actions, measure him/herself against standards of quality, express ideas and solutions to problems, and value fair play, honesty, integrity, and cooperation.

Participation in the athletic/extra-curricular programs is a privilege, one in which a student-athlete enters into voluntarily. It is understood that with the privilege comes responsibility to one's self, one's team, and one's school.

Also, at no time will our athletic/extra-curricular program place the educational curriculum secondary to athletics/extra-curricular activities. All parents and student athletes need to clearly understand that education and success in school comes first

To the Parents

This athletic/extra-curricular handbook is presented to you because your son or daughter has indicated a desire to participate in our interscholastic athletic program or in one of the many extra-curricular activities Hornell has to offer. Your family interest in and support of our athletic and extra-curricular programs are most welcomed and appreciated.

Children learn by doing and by observation. We ask that you as parents pledge to provide positive support, care and encouragement for your child. That you will show and promote good sportsmanship by demonstrating positive support for all players, coaches, officials and other parents at every game, practice, or other sporting events.

A properly committed, well-organized athletic program meets all students; goals of self-expression, mental alertness and physical growth. It is our hope and belief that the athletic program and extra-curricular activities at Hornell High School helps to meet these goals.

To the Student

A student who chooses to participate in athletics or extra-curricular activities is voluntarily making a choice of self-discipline as well as self-denial. The student athletes who participate in interscholastic athletics or extra-curricular activities should recognize that they have an obligation to themselves, their teammates, and the school community to strive for excellence. There is no place in high school athletics for students who will not discipline their minds and bodies for rigorous competition. Within athletic competition, and within the classrooms, you should strive for excellence and not accept mediocrity.

Scott Carroll, Director of Athletics

Student-Athletes

A positive attitude is one of the principle requisites in athletic participation, defined as how the athlete acts, feels, and thinks in showing his/her disposition.

An athlete displays a positive attitude by showing respect, displaying good conduct, cooperating at all times, accepting decisions and avoiding any unsportsmanlike conduct.

It is expected that all athletes will follow this code:

- Learn and understand the rules of the organizations
- Demonstrate self-control and respect for others, including opponents and officials at all times
- Deal with opponents with respect. Shake hands with opponents prior to the game and wish them luck. Congratulate opponents following victory or defeat.

Coaches/Advisors

Coaches/Advisors have special opportunities to work with young people through athletics and clubs, and play a significant role in the development of our student-athletes. No doubt coaches and advisors bear the greatest responsibility for good sportsmanship. Coaches/Advisors must teach good sportsmanship through example.

It is expected that coaches/advisors will follow this code:

- Know the rules, abide by and respect the decisions of the officials. This can be accomplished by accepting coach's roles as a teacher, by utilizing appropriate avenues for questioning officials' calls.
- Win with character and lose with dignity. Openly congratulate coaches and players of opposing teams following the game and acknowledge good performances.
- Approach competition as a healthy and constructive exercise, not as a life or death struggle that requires victory at any price.
- Refrain from the use of crude, insensitive or abusive language with players, opponents, officials, and spectators.
- Set the positive example. Instruct players in the elements of good sportsmanship and remove players from competition who demonstrate unsportsmanlike behavior.

Sportsmanship/Section V Motto—"Be Loud, Be Proud, Be Positive"

Sportsmanship is of major importance and highly emphasized at Hornell City School. The ideals of good sportsmanship, ethical behavior and integrity permeate our culture. The value of good citizenship and high behavioral standards apply equally to all educational activities, including athletics. We define good sportsmanship as those qualities of behavior which are characterized by generosity and a genuine concern for others. Good sportsmanship is viewed as a commitment to fair play, ethical behavior, and integrity. The concept of 'sportsmanship' must be taught, modeled, and reinforced in the classroom and in competitive activities. Athletics provide an arena for participants to grow, excel, understand and value the concept of sportsmanship and teamwork. Sportsmanship is good citizenship in action, and during each contest, each season, our students, coaches and spectators are rated by officials to determine our overall sportsmanship rating. We must realize that our actions on and off the field play an important role in establishing a positive reputation for the Hornell City School District.

Hornell Athletic Code of Ethics

It is the duty of all concerned with high school athletics:

1. To emphasize the proper ideals of sportsmanship, ethical conduct and fair play.
2. To eliminate all possibilities which tend to destroy the best values of the game.
3. To stress the values derived from playing the game fairly.
4. To show cordial courtesy to visiting teams and officials.
5. To establish a happy relationship between visitors and hosts.
6. To respect the integrity and judgment of the sports officials.
7. To achieve a thorough understanding and acceptance of the rules of the game and the standards of eligibility.
8. To encourage leadership, use of initiative, and good judgment by players on the team.
9. To recognize that the purpose of athletics is to promote the physical, mental, moral, social, and emotional well-being of the individual players.
10. To remember that an athletic contest is only a game—not a matter of life and death for player, coach, school, fan, community, state or nation.

Special Programs/Performing Arts Night

Pre-season Parent/Athlete Meeting: Before the start of each sports season an informative parent/athlete/coach meeting is held to bring all participating parties up to date on changes or new regulations regarding their student athlete's participation on one of that season's athletic teams. Parent and athlete attendance is mandatory. The meeting will contain the following information:

- The Athletic Director will explain the philosophy of the school, and the role of the site coordinator to control disciplinary actions.
- The Varsity coach will introduce the coaches and explain what their basic philosophy is at the different levels of play.

Performance Arts Night: In June, individual student achievements are celebrated and awards are given to students who had accomplishments in band, chorus or theatre. Performing groups that achieved high level accomplishments are also recognized. This year's inductee into the performing arts showcase, 'HHS Graduates of Note' is also recognized and their plaque added to our showcase.

Student Accident Insurance

The Hornell Board of Education subscribes to the Pupil Benefit Insurance. The purpose of this insurance is to assist the parents with expenses. Parental insurance is the primary insurance provider. The policy the Hornell Board of Education subscribes to is excess coverage only. It provides indemnity for medical, dental, and hospital service (in accordance with the company's schedule) for accidental bodily injury occurring while engaged in school sponsored activities. Parents who have medical bills concerning an athletic injury can pick up a claim form at the Business Office or Senior High Main Office. This form will have instructions on how to process the claim with the insurance company. It is the responsibility of the parent(s) to submit the completed form to the insurance company.

Levels of Participation (Athletics)

Depending upon the student athlete's physiological development and skill level at a specific sport, the following levels of interscholastic sports programs are available to students at the Hornell City School District. The basic goals we have established at each level of play are outlined below:

Modified: The modified program is available only to students in 7th 8th and possibly 9th grade (depending on a JV squad). The modified program of competition focuses on teaching the fundamentals of the game, skill development, responsibility, and sportsmanship. Maximum participation for all student-athletes is the goal. The role and purpose of the modified sports program:

- Sportsmanship promoted as a function of the athletic experience
- Develop the basic skills, fundamentals, and rules of the sport
- See if it is a sport that the athlete would like to continue
- There is a possibility that some players may be cut during tryouts
- Give all participants fair playing time (coaches discretion)

Junior Varsity: Junior Varsity teams are usually comprised of 9th and 10th grade students. The role and purpose of the Junior Varsity sports program is:

- Sportsmanship promoted as the primary goal of the program
- Further develop the skills and physical condition of the athlete to its full potential
- Prepare for the varsity level
- Place more emphasis on competing but not to the extent of the Varsity level
- There is a possibility that some players may be cut during tryouts
- It is our hope that each member of the team will see some playing time

Varsity: The main focus of our Varsity sports program is to compete at the highest competitive level. Players who try out and are determined by the coach not to have the necessary skills, discipline, or positive attitude that will contribute to the winning team may be cut during tryouts. The role and purpose of the Varsity sports program is:

- Sportsmanship displayed at all times
- Playing time is earned, not granted
- Develop skills and physical conditioning of the athlete to its full potential
- Allow the talented athlete the chance to excel and prepare for college level
- Learn to set goals and strive to achieve them
- Be a role model to younger athletes
- Any JV athlete moved up to a Varsity team should see significant playing time unless this move was made to deal with an emergency situation
- Notification will be given during the preseason to those athletes and their parents that the coach feels will see only minimum playing time

NYSPHSAA Selection/Classification Eligibility Requirements

7th and 8th graders who wish to participate on a JV or Varsity team must meet the NYSPHSAA Eligibility requirements administered by the Director of Athletics. The Selection/Classification process is as follows:

- a. Students will be selected/recommended by the Varsity Coaches and Athletic Director's discretion.
- b. The parent or guardian must request and sign a permission form that outlines the program requirements and goals.
- c. The student must pass a physical administered by the school doctor. The physical tests the students' developmental maturity.
- d. A fitness test will be administered to students who meet the developmental maturity level. In order to participate at the JV or Varsity level, the student must pass **all** parts of the physical fitness test. The test will be given roughly two-weeks before the first day of each sports season. Students will also have an opportunity (if he/she wish) to pass portions of the fitness test in which they were unsuccessful in meeting the minimum standard(s). **Students will have two (2) chances to pass the test per season.**
- e. **The student-athlete will have three days as a 'try-out' to make the team.**

Comment [i1]: A waiver may be submitted for standing long jump only.

Additional information outlining participation requirements as outlined by the NYSPHSAA may be obtained upon request to our Athletic Director. Or by visiting the following website:
<http://www.emsc.nysed.gov/ciai/pe/selectclass.htm>

Age Requirements

Outlined below are the age and/or grade requirements a student must meet in order to be eligible for interscholastic sports competition under NYSPHSAA guidelines:

- An athlete's eligibility begins for 4 consecutive years once he/she enters the 9th grade
- An athlete's eligibility begins for 5 consecutive years once he/she enters the 8th grade if the student meets all selective/classification eligibility requirements.
- An athlete's eligibility begins for 6 consecutive years once he/she enters the 7th grade if the student meets all selective/classification eligibility requirements.
- A year of eligibility is determined when a student is a member of a sports team, which has completed at least one contest.
- A pupil is who turns 19 on or after July 1st is eligible for participation during that school year in all sports.

Transporting Students from an Athletic Event

Each student who participates in athletics at the Hornell City School District is expected to ride the bus to and from all athletic contests and if applicable, practices. If parents wish to take their children home after a contest it will be necessary to return a written notice with proper signatures. A release and indemnification agreement may be signed at the pre-season meeting releasing the student athlete after contests to their care.

If parents wish to have their children ride home with another adult, it will be necessary to return this form with the proper signatures. You are also required to write a note of permission. This note should include the child's name, date, name of the participatory event and the name of the adult the child will be released to. Permission notes need to be signed by the Athletic Director or Principal and given to the team's Coach prior to the athletic event. It is the parent's responsibility to notify the adults in advance who will be transporting their children. The adult to whom the student will be released will need to sign the child out with the Coach at the event.

If an emergency arises to preventing a student from riding the bus to or from an away contest, contact the school immediately. Present district procedures stipulate that students must ride the bus to the athletic contest.

Communication Checklist

During the course of the season, concerns may arise. The following communication process should be followed:

- 1. Player arranges meeting with the coach/advisor**
- 2. Parent arranges meeting with the coach**
- 3. Parent arranges meeting with Athletic Director**
- 4. Parent arranges meeting with the Superintendent**

Failure to Complete a Season

Any student who fails to complete a season, who is dismissed or quits a team will forfeit any athletic awards they may have otherwise earned. The athlete who fails to complete a season will receive a three (3) game suspension from all interscholastic contests/competitions of the next sports season that he/she competes in. In order to fully serve this penalty, the athlete must finish that season in good standing. All athletes who decide not to finish a season will be required to meet with the Athletic Director and complete a "Failure to Finish Season Form". **There may be certain cases where it is in the best interest of a student-athlete to not continue participation. This will be assessed on a case-by-case situation. It will then be left to the decision of the Coach, Athlete, Athletic Director and parent to make a decision whether the student will be penalized or not. All decisions made may be appealed to the Athletic Council.**

Once a student is dismissed from a team or chooses not to finish the season with a team, he/she will not be allowed to compete on any other team during the same sports season.

Minimum Sport Season Requirements

The chart on the following page outlines minimum requirements for practice, scrimmages, and number of contests of each sports season.

SPORTS STANDARDS CHART FOR INTERSCHOLASTIC COMPETITION

Sport	# of Practices Prior to 1 st Scrimmage		# of Practices Prior to 1 st Contest		Team & Individual Maximum # of Contests	Minimum Time Between Contests	Individual Limitations per Day	Time & Distance Limits
	Team	Ind.	Team	Ind.				
Varsity & J.V. Sports Teams								
Soccer	8	6	10	8	16	1 night	1 contest	n/a
Cross-Country	10	8	10	10	16	2 nights	5000m or 3.1 miles	n/a
Volleyball	6	4	8	6	20	1 night	Tournament: 15 games 2 matches/day	n/a
Golf	Training			Training	18	1 night	1 match	
Tennis	6	4	8	6	18	1 night	2 matches ++	n/a
Basketball	8	6	10	8	18	1 night	1 contest	n/a
Wrestling	10	8	15	13	20 pts.+	1 night	4 bouts	n/a
Baseball	10	6	15	8	20	1 night	2 contests	n/a
Battery	10	8	15	13				
Softball	6	4	8	6	20	1 night	2 contests	n/a
Swimming/Diving	12	10	12	10	16	1 night	4 events 1 contest	
Track	10	8	10	10	16+	1 night	4 events	n/a
Modified Sports Teams								
	Team & Ind.		Team & Ind.					
Soccer	9		11		12	2 nights	1 game	15 min. quarters
Cross-Country	10		13		10	3 nights	1 run	n/a
Basketball	9		11		14	2 nights	1 game	7 min. quarters
Wrestling	13		15		12 pts.	2 nights	2 bouts*	Max of 8 pts. Thru 2 pt. contests
Baseball	10		15		14	1 night	2 games*	7 innings
Pitcher						2 nights	1 game	Pitchers*
Softball	8		10		14	1 night 2 nights	2 games* 1 game	7 innings Pitchers (1)
Track	10		15		10	2 nights	3 events	n/a
Volleyball	8		10		14	2 nights	2 matches	

Legend:

+ Maximum number of contest in which an individual competitor may participate

++ A modified scoring must be used

* See details in Game Rules Section

Note: Except in Cross-country contests may be played with only 1 night's rest 3 times per season for rescheduling purposes only.

HORNELL CITY SCHOOL DISTRICT

Code of Behavior for Student Athletes/Extra-Curricular Activities

All of this information pertains to team members during their seasons of participation. Furthermore, it is the desire of all coaches/advisors that all students involved in the program, in any capacity, will have enough responsibility to follow these guidelines on a continual basis. Individual action is a reflection of athletics in general, a specific sport, our school, your teammates, and your coaches. Thoughtful consideration and decisions are necessary at the beginning of each sport season... it's your opportunity and it's your school, but when you are part of a team, you must be concerned with others as well as yourself. We would encourage and stress the idea of team cooperation, togetherness, and school spirit. Such factors are essential to the success of our athletic program.

Individuals who have earned the privilege of being selected to represent our school as members of an athletic team must adhere to the codes established. The following information is provided as a guide for the student athletes and the parents.

Conditions for Participation

All student athletes are required to meet the following standards in order to participate on any interscholastic team at the Hornell City School District:

1. **Physicals:** Each year, every athlete must pass an approved physical examination prior to participating in an interscholastic contest. Physicals are good for one calendar year. **NO ATHLETE CAN PARTICIPATE IN A SCHEDULED COMPETITIVE CONTEST OR PRACTICE WITHOUT AN UPDATED PHYSICAL.**
2. **Consent Forms:** Athletes shall be provided and must read a copy of the Athletic Code of Conduct Policy. The student and parent or guardian must sign the consent form before the first day of practice. A student may not practice without the signed consent form. A consent form will be signed for every sport season the student wishes to participate.

Minimum Training Rules for Continued Participation

Since participation in our athletic program is a privilege, living by the training rules is a responsibility that each athlete accepts when he/she becomes a member of an interscholastic team. These regulations are intended as a minimum expectation of all athletes. Individual coaches may insist on higher expectations. In such cases, the coach must present the expectations in writing to both the athlete and the Athletic Director.

Attendance

Student/Athletes must abide by the following minimum attendance requirements:

- a. Student-Athletes must be in school by 8:15-**unless legally excused** in order to be eligible for a practice, scrimmage, or game that day.
- b. The Athlete must attend all classes that day in which the activity occurs.
- c. Athletes must also attend school and practice the day before and after a competition in order to compete in the next game, unless they were legally excused.
- d. Excused absences (Doctor's appointments, dentist, college visits, etc.) will be left to the discretion of the Athletic Director or building principal. For an absence to be considered

excused, a note from a doctor, college recruiter, etc., must accompany the student upon arrival to school.

- e. If a student is illegally absent from school on Friday, or released from school due to illness, the athlete will not be able to participate in practice and/or contest that day or the following Saturday, **unless the nurse sends the student home. Therefore, the student may not participate in a practice/game on Friday night. However, they will be able to participate in a practice/game on Saturday.**

Academics

Effort and ability should be applied to scholastic academics as well at athletics. Your studies and grades are important! The ineligible policy is practiced each five weeks of a marking period.

In School Suspension or Out of School

If a student has received an in-school (ISS) or out of school (OSS) suspension he/she will not be able to participate in practice, games, contests or activities during the day of the suspension.

Practice/Contest Attendance

All student-athlete participants are expected to attend all practices and games. All absences without prior notification given to the coach are considered unexcused. Student participants are allowed two unexcused absences. Be on time and prepared for practices and contests.

Equipment/Uniform

It is expected that equipment, supplies and uniforms will receive adequate "care". Monetary compensation will be made for destruction or loss of any of the above:

- Athletic uniforms and equipment must be used only at scheduled practices and contests. The athlete is responsible for all equipment issued to him/her and must return all of it at the coach's request.
- Steps for uniform collection:
 - Team collection time will be determined by faculty athletic manager
 - Individual contact with student
 - Parent contact by coach
 - Awards withheld at banquet
 - Bill for unreturned equipment will be sent by certified mail to the students' mailing address. This will be done by the Athletic Director.
 - Athletic Director notifies office
- The athlete will not be allowed to participate in the next sport season until the uniform or equipment is returned or paid for.

Stolen Equipment

Equipment that has been taken from another school must be returned to the Athletic Director at that school with an apology for such misconduct. A second offense will be suspension from the team for the remainder of the sport season.

Damage to the Facility

An athlete who damages our school facility or another school's facility will pay for the cost of repairs. The athlete will be suspended from the team for the remainder of the sports season.

Team Travel

When your team is on an athletic trip, you are expected to travel to and from the contest with your team. Parents must have written a note prior to the contest that their child will be riding home with them or another parent.

Injuries

The athlete, parent, or guardian must report all injuries to the coach within 48 hours. If notification is not given, be advised that the injury may not be covered by school insurance. (What the school insurance covers) Coaches have been instructed to fill out an accident report after being notified.

Locker Room

- a. No food or drink is allowed in the locker room or practice area.
- b. No glass containers are allowed in the locker rooms.
- c. Please keep your locker clean and your clothing washed regularly.
- d. Please report locker room misconduct as soon as it is observed.

Joining a Team Already Practicing

If a student wishes to join a sport that has already started, he/she must sign up before the first week of practice is completed. After the first week of practice is over, the student may not join unless:

- a. The student could not participate due to an injury and needed a doctor's release.
- b. The student is a legal transfer.
- c. The student is completing Training Rules suspension from a previous sport.
- d. The previous season's sport had extended post-season play.

Hazing

No Hornell High School student will participate in any activity that might be considered as "hazing". Such activities are intended to bring physical, emotional embarrassment or attention to an athlete due to the athlete's participation on a sports team. Such activities which discriminate between athletes based upon age, gender, years of participation experience, and school class will not be permitted. Actions which include (but are not limited to) initiations, 'rites of passage', and entry rituals will not be permitted. Coaches and athletes will not condone such activities, and athletes may receive disciplinary actions up to game suspensions or dismissal from the team for such actions.

Concussions

As many of you already know, concussions are a hot topic in athletics. All students who participate in our interscholastic athletic program must complete an online concussion test. (ImPACT). If a concussion occurs, the student then goes through a post-concussion "return-to-

play” protocol. The final approval must come from our school doctor. We are also starting a ‘return-to-academics” protocol. Continued research reveals that a student’s best chance for a timely recovery hinges on two critical components (cognitive and physical rest).

Social Media

In order for our student-athletes to meet the expectation of serving as role models, this responsibility also extends to social media. It is unacceptable for any athlete to post or communicate anything through social media that disrupts the educational or athletic environment. Inappropriate posts or communication may result in disciplinary action.

Awards

Aside from the personal satisfaction achieved by student-athletes through competition, the district also feels it is important to recognize student-athletes for their participation in its many sports programs. The awards and criteria are as follows:

1. An athlete earns a Varsity letter after he/she has completed at least one season at the varsity level, in which he/she has participated at least 50 percent of the time. If a question arises concerning an individual athlete, coach’s discretion will come into play.
2. When a student is first eligible for more than one letter, he/she will receive a sports pin for the second sport.
3. If a student already has a letter and a sports pin, he/she will receive a bar.

Training Rules for the Interscholastic Athletic Program and Extra-Curricular Activities

It is the purpose of the Hornell City School District to provide a safe, drug-free environment in which our student participants can strive to reach their fullest potential. The training rules, as set forth below, have been established for the benefit of our athletes and our interscholastic athletic program and extra-curricular activities. They have been established to insure the physical well-being, mental alertness and the moral characteristics that are so necessary for the participation in athletics. A student that violates the student handbook rules and regulations regarding substance possession/use during school hours will be dealt with according to the student handbook. If the violation occurs after school hours, the student will be dealt with according to the Training Rules of the Hornell City School Athletic Handbook.

Since participation in our athletic program and extra-curricular activities is a privilege, living by the training rules is a responsibility that each student-athlete accepts when he/she becomes a member of an interscholastic team. Since a student may be of legal age (18 years-old) to purchase, possess, and use tobacco while still an enrolled student, he/she will be held accountable as per the guidelines stated in Board of Education Policy 5305. Any violation of this policy will also be considered a violation of the training rules in the Athletic Handbook.

The training rules are as follows:

1. A student and student-athlete shall be subject to disciplinary action for possession or use of tobacco products. Examples include but are not limited to: cigarettes snuff or chew.
2. A student and student-athlete shall be subject to disciplinary action for possession, consumption, or being under the influence of an alcoholic beverage, **smoking, illegal substance use, or any other**

substance being consumed not in the athletic policy. *If a student athlete is present at any time where underage consumption of alcohol is occurring, it is the student's responsibility to leave immediately.* Alcoholic beverages examples include but are not limited to: rubbing alcohol, spirits, liquor, wine, beer, cider and non-alcoholic beverages.

3. A student and student-athlete shall not use, be in possession, sell, or make a gift of any drug or controlled substance, including marijuana or any instruments for the use of such drugs, such as a pipe, syringe, or other paraphernalia. Excepted is any drug taken in accordance with a current prescription signed by a physician or with approval of the school doctor which is to be taken by that particular student at the time in question.

Violation of the training rules will result in the following, **during a student's 7-12 sport career:**

a. First Offense-immediate dismissal and....

- The student will serve a sixty (45) **athletic (Constitutes when a team would have practice during a season, including games, practices over a break and Saturday practices.)** school day suspension from the sport. If there are less than 45 days left in the season, the athlete will finish the suspension during the season immediately following the season in which the violation occurred. The 45 days will count days that fall within the dates of any particular sports season. Therefore, down-time between sports seasons will not count towards the 45 days. If the infraction occurs with less than 30 days remaining during a spring sport, the suspension will carry over to the first sport season that the athlete participates in during the next school year. Within two days of the hearing, the Athletic Director will provide in writing to the athlete; the date that he/she will be able to resume participation in interscholastic athletics at Hornell.
- Student is encouraged to attend **one** counseling session (Steuben County Councils on Addictions/Catholic Charities at Wildwood or in house at Hornell) dealing with the dangers of substance abuse and provide documentation of completion to the Athletic Director. After documentation is presented, the suspension may be reduced up to 10 days.

b. Second Offense

- Student will be suspended from participating in all interscholastic athletics for ninety (90) **athletic (Constitutes when a team would have practice during a season, including games, practices over a break and Saturday practices)** school days. The 90 school days will count days that fall within the dates of any particular sport season. Therefore, down-time between sports seasons will not count toward the 90 days. If the infraction occurs during a spring sport, the suspension will carry over to subsequent sport seasons that the athlete participates in during the next school year. Within two days of the hearing, the Athletic Director will provide in writing to the athlete the date that he/she will be able to resume participation in interscholastic athletics at Hornell.
- Student is encouraged to attend a minimum of three (3) counseling sessions dealing with the dangers of substance abuse and provide documentation of completion to the Athletic Director. After documentation is presented, the suspension may be reduced up to 15 days.

c. Third Offense

- Student will be suspended from all interscholastic athletics for the period of **ONE YEAR**. The suspension will begin the day of the hearing and end one year from that particular date. Within two days of the hearing, the Athletic Director will provide in writing to the athlete, the date that he/she will be able to resume participation in interscholastic athletics at Hornell.

NOTE: At the conclusion of any hearing held by the Athletic Council, such committee shall prepare its finding of fact and determination of penalties within one (1) school day of the conclusion of such hearing. It will provide the information to the student, and shall file the same with the Superintendent.

Student and parent will be advised of resources available to them to deal with substance abuse.

4. Each student and student-athlete will conduct him/herself as a good school and community citizen. Discipline problems in and out of school (including criminal conduct) may result in disciplinary action by the Advisor, Athletic Director and/or the Athletic Council.
5. Unsportsmanlike conduct: Respect will be shown to all decisions made by officials for athletic contests. There is to be no visible show of anger regardless of how you may personally view the situation. A student or parent(s) ejected from a contest will abide by the Section V policy. If an athlete receives **any disciplinary action; for example** a technical foul or red card during a competition, **or is removed/ejected from a contest or game**, the following steps shall be taken:
 - a. 1st offense: Meet with the Athletic Director.
 - b. 2nd occurrence: Meeting with the Athletic Director, Coach and parents, disciplinary action may be taken.
 - c. 3rd occurrence: Three game suspension.

Note: This rule also applies to coaches and volunteer assistants. It is the responsibility of the coaches to let the Athletic Director know of any student/coaching yellow or red cards and/or technical fouls administered during a contest.

Out of Season Violations

1st Violation: Warning to the athlete and certified letter of notice to the parents.

2nd Violation: 45 Athletic-day suspension the next sports season the athlete participates in.

Enforcement of the Code of Conduct

Situations requiring a decision or discipline will be handled on an individual basis and after thorough examination warranted action will be taken.

Athletic Council: This group will convene on any discipline case, if requested by an individual coach. It is also possible for a student and student athlete to appeal to this group following any discipline levied by the Athletic Director that the individual may feel is unfair. The Athletic Council is composed of two out-of-season coaches currently employed by the school, the Athletic Director, Faculty Athletic Manager, and HS Principal. Any student who desires such an appeal may do so by written request through the Athletic Director.

5305-R

**EXTRACURRICULAR ELIGIBILITY POLICY
FOR GRADES 7-12**

Participation in extracurricular activities is deemed a privilege to be enjoyed by students who are attending to their academic responsibilities in a satisfactory manner. Students who do not maintain a satisfactory level of performance in their class work jeopardize their participation in these activities. **Extracurricular activities include but are not limited to events such as dances, Dodgeball, a play or musical, and athletic contests.** Ineligible athletes are still allowed to participate in all practices. Ineligible athletes will be allowed to attend all contests with their teams, but they will not be allowed to participate in those contests.

In order for a student to participate in a school-sponsored activity or athletic contest, it is necessary that the student attend all classes during the day unless they have been legally excused. The school day is defined as follows: From 8:15 a.m. until the end of the day.

Any student who has been given an in-school suspension or out of school suspension cannot participate in any activities for that day or days.

Student's eligibility for extracurricular activities and interscholastic athletics will be based on their individual course averages as reported on their interim (five-week) progress report or ten-week report card. The passing averages for the 7th thru 12th grades are:

7 th -8 th grade Junior High passing average:	65%
9 th -12 th grade High School passing average:	65%

When a student is failing two or more courses, the student will become ineligible on the next school day following the day that five-week progress reports and ten-week report cards go home. In addition to the student being notified in writing, parents will be notified by the district's automated calling system. The student will remain ineligible until one of the following requirements has been met:

1. Attend the number of academic work sessions corresponding to the number of failing courses. Once a student has attended the requisite number of work sessions, the student must have an "Eligibility Form" completed that indicates satisfactory work has been demonstrated and/or completed to the teacher's satisfaction. The minimum amount of time a student must remain ineligible is five days. A student may only complete one study session per day. This initial signoff must be completed within the first two weeks of the ineligibility period. Failure to do so will result in the student being declared ineligible for the remainder of the time period covered by the eligibility list. Eligibility determinations will be made on Fridays only. If a student fails to submit the necessary paperwork by the end of the day on Friday, that student will be ineligible until the following Friday.
2. Additionally each student will be required to attend academic study halls for the remainder of the time period covered by the eligibility list.

<u>Number of Courses Failed</u>	<u>Number of Sessions to Maintain Eligibility</u>
2	1 per week (Monday through Friday)
3	2 per week (Monday through Friday)

Failure to maintain eligibility will result in a student being declared ineligible for the remainder of the time period covered by the eligibility list.

-Or-

3. Bring failing grade up to a passing average as reported on the Monday following the end of the next grade reporting period.

Academic work sessions will usually be offered once daily Monday through Friday. The times will be established by the administration so an academic work session of approximately one half-hour in length will start after the last period of instruction for the school day.

<u>Number of Courses Failed</u>	<u>Number of Sessions Needed to Regain Eligibility</u>
2	3
3	4
4	

Ineligible until next 5 or 10 week report period

Policy/procedure to cover unusual circumstances:

- If a student is failing a course but has received an S to indicate a satisfactory effort is being made they will not have that course count in determining eligibility.
- A student who has failed two or more courses at the end of the school year will be ineligible to compete in any school activities or contests until at least the end of ten full school days. At that time they are required to take a sign off sheet to the teachers of the courses they are presently in to receive confirmation that they are passing these courses. If they are still failing two or more courses they will continue to be ineligible. They will be allowed to practice during the 10 day period but not compete.
- Summer School – We realize that the courses offered during the summer may not include those that were failed by our students during the school year especially at the 7th or 8th grade levels. If a student has failed two courses at the end of the year and that student completes a course at summer school they will be deemed eligible on the first day in the fall. If a student was failing three courses at the end of the school year they will need to successfully complete two courses at summer school. A student who finishes the year failing four or more courses cannot become eligible until the first regularly scheduled interim period.
- The policy does not apply to a student participating in an after school activity which is required for a credit bearing course.

Required Signatures

Participation Agreement

Your son/daughter _____ has expressed a desire to participate in _____ and to represent our school in interscholastic competition in the above named sport.

Before any student is allowed to participate in interscholastic sports, he/she is required to pass a physical examination by the school doctor and to return this form with your signature of approval. Parents are reminded that the potential for injury exists in any athletic activity.

Your signature below grants permission for your child to participate and represent the Hornell City School in interscholastic competition in the activity designated above.

Signature of Parent/Guardian

Training Rules

Your signature concerning the Training Rules is required and implies that you understand the expectations.

Signatures: Student _____ Date _____

Parent _____ Date _____

Emergency Contact Information

Please complete the following information to be used in case of emergency:

Phone Numbers: Home _____

Work _____

Cell/Other _____

Name of individual to be contacted if parent/guardian cannot be reached: _____

Phone _____

RELEASE AND INDEMNIFICATION AGREEMENT

Each student who participates in athletics at the Hornell City School District is expected to ride the bus to and from all athletic contests and if applicable, practices. If parents wish to take their children home after a contest it will be necessary to return this form with proper signatures. Parents will also need to sign their child out with the Coach at the event.

If an emergency arises preventing a student from riding the bus to an away contest, contact the school immediately. Present district procedures stipulate that students must ride the bus to the athletic contest.

IN FURTHER CONSIDERATION:

- a. I hereby agree to comply with all the rules and regulations listed above.
- b. I ALSO WAIVE AND RELEASE any and all claims that I may have against the Board of Education, the school district, administration, and the coaches for allowing another adult or myself to transport my child from the athletic contest.

Signature of Parent/Guardian